

r.e.med

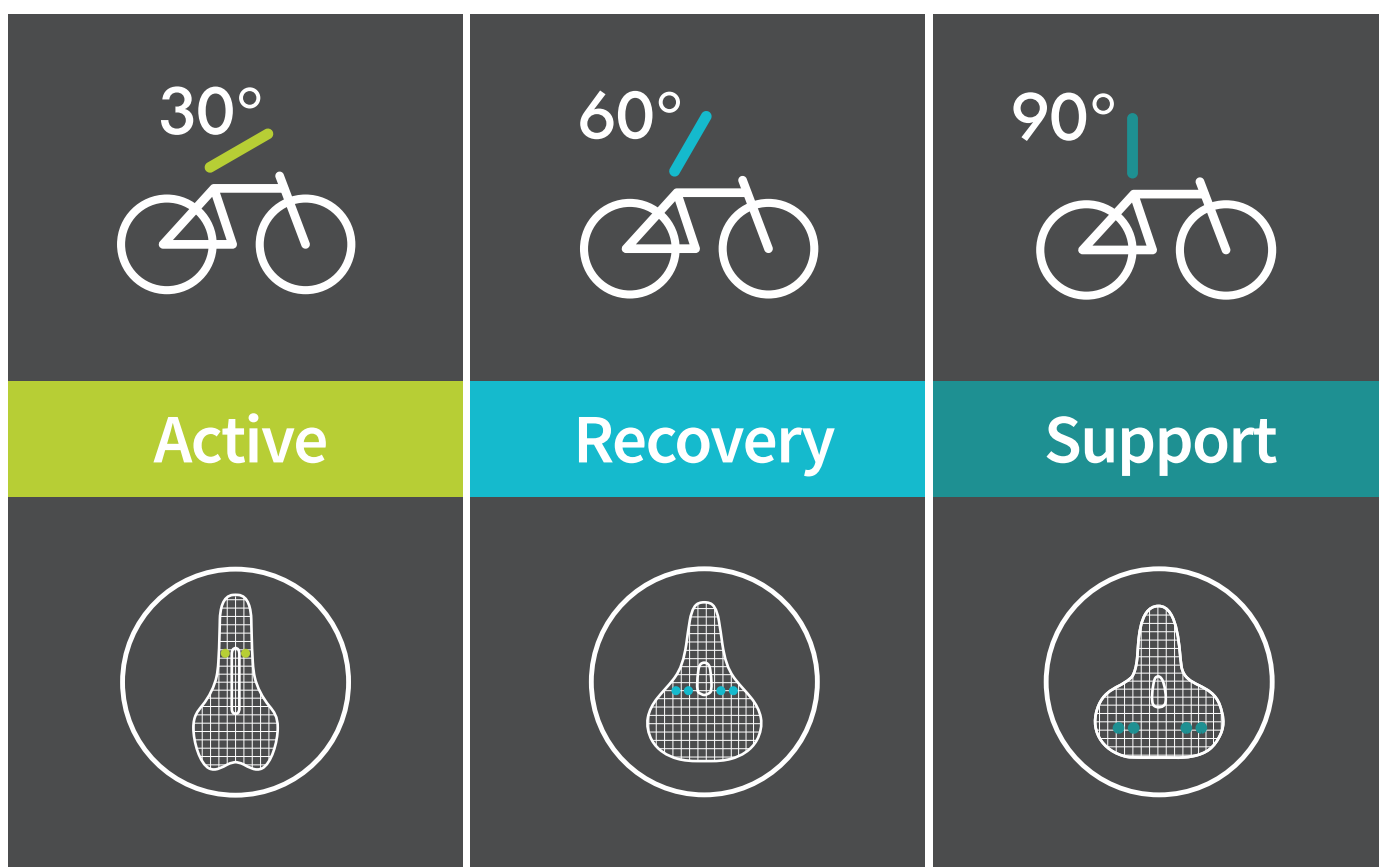
Recovery + **E**rgonomics + **M**edicine

R.e.Med (**R**ecovery + **E**rgonomics + **M**edicine) Recovery Concept Saddles emphasize a strong collaboration with the fundamental concepts of Osteopathic Medicine.



Osteopathic medicine emphasizes the interrelationship between structure and **function** of the **body**, as well as the body's ability to heal itself. We took these fundamental principles and set out to create a line of saddles that promotes **healthy** movement whilst cycling.

R.e.Med saddles are designed to facilitate the optimum riding position to recover throughout the ride by promoting **comfort** and helping activate the body's ability to restore normal functioning activity and avoid irritated tissues.



R.e.Med addresses the three main riding styles riders must adopt: **ACTIVE**, **RECOVERY** and **SUPPORT**.

As you ride, you adjust the inclination of your spine when pedaling hard or in a more upright position.

R.e.Med saddles are designed to allow the body to naturally redistribute stress by offering 3 corresponding Saddle Zones: **ACTIVE**, **RECOVERY** and **SUPPORT** to correlate to the 3 riding positions, providing relief and comfort by equalizing pressure as you shift position between the front and rear of the saddle.

Active Zone

Stiffer, for balance and proper acceleration when in the forward position.

Recovery Zone

It induces pressure dispersion and stimulates muscle recovery. It is provided with a RECOVERY Channel, a vented opening to relieve pressure where your nerve and blood vessels are usually compressed. Dimension and positioning of the channel are specific for each saddle model in order to provide maximum comfort and a secondary cooling effect.

Support Zone

This zone is found towards the rear, with foam padding for support when pedaling in the rear position.

